

CARMEL PREPARES

Emergency Kit Lists

Basic Disaster Supplies Kit:

- Water, one gallon of water per person per day for at least three days
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- N95 Mask to help filter contaminated air
- Plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps

Additional Items to Consider Adding:

- Prescription medications and glasses
- Medication (7 day supply) and medical items
- Batteries for medical devices
- Personal sanitation items
- Toilet paper
- Phone chargers/solar charger/backup battery
- Infant formula and diapers
- Pet food & extra water for your pet
- Important documents such as copies of insurance policies, ID and bank account records in a waterproof, portable container
- Duct tape
- Sleeping bag or warm blanket for each person
- Cash (small bills) & change, traveler's checks
- Emergency reference material such as a first aid book
- Paper copy of friends & family members contact info
- Paper and pencil
- Books, toys, games, puzzles or other activities for children
- Change of clothing including a long sleeved shirt, long pants & sturdy shoes
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies & personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Household chlorine bleach and medicine dropper (When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.)



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Car Kit:

- First Aid kit & booklet
- Medical gloves
- Hand sanitizer
- Fire extinguisher (small)
- Road flares (if not already in your tire-changing tools)
- Jumper cables
- No-spill gas can
- Blanket
- Rain ponchos
- Pair of sturdy shoes & socks tucked inside
- Extra pair of glasses
- Tarp
- Trash bags
- Work gloves
- Flashlight/headlamp & extra batteries
- Paper towels/rags
- Duct tape
- Baby wipes
- Sunscreen
- Drinking water
- Snacks
- Multipurpose tool
- Local maps

Pet Kit:

- Extra collars/leash with ID
- Food and Water
- Pet Carrier/Toys/Blanket
- Manual can opener
- Photocopied veterinary records
- Rabies certificate & medical summary
- Prescriptions for medications
- Vaccinations
- Pet First Aid Booklet
- Recent photographs of each of your pets
- Microchip information
- Your contact information (phone numbers and addresses for your family and friends or relatives you may be staying with)
- Photocopied registration information (ex: proof of ownership or adoption records)
- Pet description(s)

For more info on developing a plan to stay safe, creating an emergency kit, and sign-up for alerts check out Ready Monterey County.

READY MONTEREY
COUNTY

